Case Studies – Challenges in Determining Manner of Death

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Mind Your Manners

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I have no financial relationships to disclose for this presentation

Objectives

 > Use interesting cases to illustrate important points of death investigation, forensic pathology, and cause and manner of death determination

Cause and Manner of Death

> Cause of Death

- > Disease or injury that causes death
- > Underlying disease or injury not mechanism
 - > Gunshot Wound of Head Good COD
 - ➤ Exsanguination Bad COD
 - Atherosclerotic Cardiovascular Disease Good COD
 Cardiopulmonary Arrest Bad COD
- Very dependent on autopsy findings
- Manner of Death
 - > How cause of death came about
 - > Very dependent on investigation and scene information

Manners of Death

> Homicide

- > Death at the hands of another
- > Willful action regardless of intent to kill
- > Not equivalent to "murder" or legal definition of homicide
- > Suicide
 - > Death at one's own hands
 - > Intent to kill or action with a high likelihood of death
- > Accident
 - > Due to accidental occurrence
- ≻ Natural
- > Undetermined
 - Not enough information to determine
 - > 2 or more equally likely manners

- > 72 yo female with multiple medical problems
- > Presented to her PCP with rectal bleeding
- > Colonoscopy

 - > Large polyp snared and removed
 > In postop her abdomen became distended and she coded and was not able to be resuscitated
 - > Concern that she had a perforated colon

Case 1

> Should a forensic autopsy be performed?

- \succ No a hospital autopsy may be helpful but this is not a case for a forensic autopsy
- A known complication of an appropriate procedure to treat a natural disease Manner of Death is still natural
- COD: Complications of Colon Polyp
- > MOD: Natural

Lessons to Learn

- Just because a person dies in a hospital after a procedure does not mean that a forensic autopsy has to be performed
- Just because a death is reported to the medical examiner's office does not mean that a forensic autopsy must be performed
- A known complication of an appropriate procedure to treat a natural disease is a natural death
- Hospital pathologists can and SHOULD perform autopsies of individuals that die in a hospital
 - > This should not be seen as a conflict of interest, they should be unbiased and impartial and this is their job

Case 2

- ≻ 65 yo Male
- > H/o alcoholism and hypertension
- Wife (lives in apartment above him) heard a thump and came to investigate
- Found in doorway of bedroom bleeding from neck with broken wine glass next to him
- > Put sheet on neck but couldn't stop bleeding
- > EMS arrived but he arrested and was unable to be revived

- Irregular stab wound of neck consistent with the broken wine glass
- > No injury to carotid arteries or jugular vein
- ≻ But.....

- > COD: Stab Wound of Neck
- > MOD: Accident

Case 3

- > 41 yo male with gunshot wound of head
- > Drinking with a friend in friend's basement
- > Friend had a handgun and they began shooting into a bullet trap
- > Decedent then put the gun to his head and shot himself
- Friend called 911
- > Found in beanbag chair with can of beer and handgun
- > No known medical or psychiatric history
- > Treated as a suicide

Case 3

- Contact range gunshot wound on right temporal scalp
 Exit gunshot wound behind left ear
- > No other concerning natural disease or other injuries

- Autopsy
 Contact range gunshot wound on right temporal scalp
 Exit gunshot wound behind left ear

 - > No other concerning natural disease or other injuries
 - > Consistent with suicide
- > But look at the scene photos....

Case 3

- > Police talk to the friend again
 - > Decedent and friend got into a fight over the gun

 - Deccent and friend got into a fight over the gun
 Friend pulled the trigger while gun was next to decedent's head
 Claims he didn't mean to pull trigger and was trying to stop friend from shooting himself
 - > Put gun and beer in decedent's hand so it looked like a suicide

- ▹ COD: Gunshot Wound of Head
- > MOD: Homicide

- ▹ 60 yo Female
- > Husband and her were in an argument
- He says she went into their bedroom and poured lighter fluid on herself and then lit herself on fire
- ≻ He called 911
- > She was taken to a hospital and later declared brain dead

Case 4

- > Autopsy/Hospital Records
 - Cutaneous burns (38% body surface area)
 Mostly of head and upper body in a pouring/splashing pattern
 - > Soot in airways
 - > Erythema and edema of airways
 - Carboxyhemoglobin level of 28.6%

- Autopsy/Hospital Records
 - Cutaneous burns (38% body surface area)
 - > Mostly of head and upper body in a pouring/splashing pattern
 - Soot in airways
 - > Erythema and edema of airways
 - Carboxyhemoglobin level of 28.6%
- > Police investigation
 - > Fire damage confined to bedroom
 - > History of domestic disputes involving both decedent and husband
 - > Melted cigarette lighter in bedroom
 - No lighter fluid in bedroom, only lighter fluid was outside another apartment

- > COD: Thermal Injuries and Inhalation of Products of Combustion
- > MOD: Undetermined

Case 5

- > 2 month old Male
- > Placed to sleep on an adult bed by an aunt
- > Mother and Grandmother were drinking and then laid down to sleep in the same bed as the infant
- > Mother awoke and found infant unresponsive, face down, and under grandmother

- Autopsy
 Blanching lividity on the forehead, right cheek, and around mouth and

 - No evidence of natural disease or trauma
 Microbiology testing and toxicology unremarkable

> COD: Asphyxia due to Overlay

> MOD: Accident

Case 6

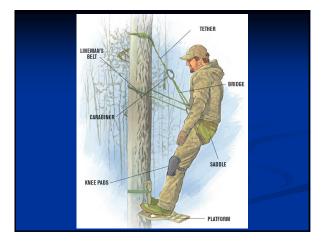
- ≻ 18 yo Male
- Found naked in his dorm room with a sheet around his neck and around his bed post
- > Pornography was found on his cellphone next to him
- > No history of suicidal ideation or past suicide attempts

Case 6

- Ligature furrow around neck
 No evidence of natural disease
- Toxicology only showed low level of ethanol

- > COD: Ligature Hanging
- > MOD: Accident
- Autoerotic asphyxia

- ≻ 43 yo male
- Was practicing bow hunting from a saddle tree stand
 Hammock-like seat with a rope to raise and lower seat



- > 43 yo male
- > Was practicing bow hunting from a saddle tree stand > Hammock-like seat with a rope to raise and lower seat
- > Fell out of the seat and was found by another hunter
 - Suspended 6ft off the ground upside down by the rope around his torso > Initially responsive

 - Other hunter attempted to get him down but was unable and called 911
 Prior to EMS arrival the decedent went unresponsive
 - Resuscitation was attempted but was unsuccessful

Case 7

- > Autopsy
 - Congestion of the head, neck, and upper torso
 - > Cardiomegaly
 - Moderate coronary artery atherosclerosis
 - > Obesity (BMI of 39.5)
 - Hydrocele of right testis
 Toxicology : caffeine

- > COD: Positional Asphyxia
- > MOD: Accident

Lessons to Learn

- > Thorough investigation is extremely important
- > Scene photos are extremely important and can make a big difference on proper determination of cause and manner of death
 - > Good scene photos are even better
- > Don't be afraid to ask police and other investigating agencies to go back and ask more questions and do more investigation
- > Determination of cause and manner of death may need to wait until all questions have been answered and information gathered

Case 8

- > 44 yo male
- > Homeless living with a friend
- > When friend went to sleep he was on the floor near an air vent and didn't want to move
- > When friend checked on him a couple of hours later he was unresponsive

- > Autopsy
 - Cardiomegaly (530 grams) > Hepatic steatosis
- > Toxicology
 - > Drugs of abuse and alcohol negative Acetone, vitreous: 17 mg/dL
 - > Acetone, blood: 11 mg/dL
- > Vitreous Chemistry > Glucose: 884 mg/dL

- > COD: Diabetic Ketoacidosis
- > MOD: Natural

Case 9

- ≻ 51 yo Male
- Unknown individual went into a hospital and called security to let them know there was a body on fire under the bridge next to the hospital
 Security investigated and found a homeless man on fire

Case 9

- Lacerations and abrasions of head
- Contusions of head and neck
- > Basilar and calvarial skull fractures
- > Epidural and subarachnoid hemorrhages> Cerebral contusions
- > Fractures of hyoid bone and thyroid cartilage
- > Thermal injuries involving 85% of body surface area

- > Was he burned alive or after he died? How can we tell?
 - No soot or thermal injury of airways
 Carboxyhemoglobin level of 3.3%

Case 9

COD: Blunt Force Injuries of the Head and Neck
 MOD: Homicide

- ▹ 7 yo Female
- > Found unresponsive in bed in the morning
- > Had been swimming the day before
- She complained of aches and pains and mom gave here either liquid Tylenol or ibuprofen
- Recently diagnosed with hyperlipidemia

> Autopsy

- No evidence of trauma
- > Mild obesity was only natural disease found
- > Had a foam cone and frothy fluid in airways
- > Toxicology
 - Methadone, blood: 0.29 mg/L
 - > EDDP, blood: indicated
 - > Acetaminophen, blood: 1.5 mcg/mL
- Further Police Investigation
 - > Mom and dad both have methadone prescriptions
 - Mom recently put methadone in a liquid Tylenol bottle in order to take it with her on a trip
 - > Thought she had thrown the bottle away

Case 10

- > COD: Acute Methadone Intoxication
- > MOD: Accident
- Accident vs Homicide
 - Action of giving "Tylenol" was willful
 - > Not acutely aware that "Tylenol" was actually methadone
 - Therefore it is an accident
 - > Parents plead guilty to negligence resulting in the death of a child

- ≻ 28 yo Female
- > H/o bipolar disorder and past suicide attempts
- > Had an argument with her boyfriend after they were drinking
- > Boyfriend then said she went and took a large quantity of Benadryl
- > She became drowsy and he put her to bed
- > In the morning he found her unresponsive

> Autopsy

> No evidence of significant natural disease or injury

▹ Toxicology

- Diphenhydramine, blood: 11600 mcg/L
- Dextromethorphan, blood: 25000 mcg/L

Case 11

- COD: Acute Mixed Drug Intoxication (Diphenhydramine and Dextromethorphan)
- > MOD: Suicide
- ▹ Why suicide?
 - > History indicates a willful ingestion of an excess amount of medication
 - Postmortem drug levels are extremely high
 - Past history of suicide attempts

- ≻ 59 yo Male
- > Was driving with wife, daughter, and granddaughter
- Trying to take granddaughter to a medical clinic due to an allergic reaction
- > Granddaughter vomited and he sped up to get to clinic sooner
- Lost control of vehicle and went onto grass, hit some mailboxes and ran into a cement pillar housing a vacuuming unit at a car wash
- > He was unresponsive and never regained consciousness
- > Everyone else unharmed

> Autopsy

- > No external injuries
- > No internal injuries
- > Hypertensive and atherosclerotic cardiovascular disease
- > Pacemaker
- > Obesity and Diabetes

Further Investigation

- > Wife states that he stopped responding to her right before losing control of the vehicle
- Pacemaker interrogation around the time he lost control of the vehicle he had a 10 minute episode of ventricular fibrillation

Case 12

- > COD: Ventricular Fibrillation
- > Due To: HACVD
- > OSC: DM and Obesity
- > MOD: Natural

Lessons to Learn

- It is important to autopsy drivers in motor vehicle accidents that die prior to extensive work up in a hospital
- > Even cases with seemingly obvious causes of death may not turn out to be what you thought
- > Medicine, including forensic pathology, is both a science and an art
- Determination of manner of death is a combination of autopsy findings, investigative information, scene findings, past history, etc

≻ 21 yo Female

> Found unresponsive outside in freezing temperatures wearing

Case 13

- > Had been at a rave and then went to a house party
- > Was kicked out of the house party because she spilled beer on some marijuana
- > Video shows her stumbling around and crawling on the sidewalk before going unresponsive

Case 13

- > No "classic signs" of hypothermia
- Abrasions of chin and hands
- No evidence of significant natural disease
- Toxicology
 MDMA, blood: 33 mg/L
 Ethanol, blood: 0.148 g/dL

- > COD: Hypothermia
- > OSC: Acute Mixed Drug Intoxication (MDMA and Ethanol)
- > MOD: Accident

Case 14

- ≻ 64 yo Male
- > Maintenance worker for a food company
- > In the winter at the end of each day he would go on the roof to shut off the water supply and drain the pipes in order to prevent freezing
- > He didn't come home from work
- > The next morning he was found on the roof like this....

Case 14

- No "classic signs" of hypothermia
 Severe atherosclerosis, s/p bypass grafting with patent bypass grafts
- > Hypertensive cardiovascular disease
 - Cardiomegaly (600 grams)
 Left ventricular hypertrophy
- > Minor abrasions of head
- > Toxicology negative

- > COD: Atherosclerotic and Hypertensive Cardiovascular Disease
- > MOD: Natural

Case 15

- ≻ 17 yo male
- > Decedent and friends had lifted weight and then went to swim in a local lake
- > While swimming decedent grabbed his chest and stated "my chest hurts really bad, I can't breath"
- > Decedent then disappeared under water without a struggle
- > Friends were unable to retrieve the decedent and called 911
- > Decedent was removed from the water after about 1 hour and was pronounced dead

Case 15

> Autopsy

- ▹ No significant injury
- > No significant natural disease in organs examined
- Foxicology: caffeine and delta-9 THC
- > Neuropathology
- Normally developed brain
 Focal hypoxic ischemic neuronal injury likely due to drowning
- Cardiac Pathology
 - Single focus of active lymphocytic myocarditis involving the atrioventricular node
 Borderline cardiomegaly with four chamber enlargement and biventricular hypertrophy
 Patent foramen ovale

Serology for tissue donation: positive for CMV

- > COD: Drowning
- OSC: Active Lymphocytic Myocarditis Involving the Atrioventricular Node: Borderline Cardiomegaly with Four Chamber Enlargement and Biventricular Hypertrophy
- ▹ MOD: Accident

Lessons to Learn

- Environment in which a person dies is important
 - When a natural death occurs in a hostile environment, the environment usually trumps that natural death
 - Had the person had their natural event in a different environment they may have survived (But for...)
- Medicine, including forensic pathology, is both a science and an art
- Determination of manner of death is a combination of autopsy findings, investigative information, scene findings, past history, etc

- ≻ 50 yo male
- > Wife left the house at 1800 for a work function when she returned at 0045 she found him unresponsive on the bedroom floor
- > 24 years ago he had been shot in the chest
- > The bullet had passed through his heart and was still in his back

> Autopsy

- Evidence of surgical intervention of the heart, including scarring of the left ventricular wall
- Dilated cardiomyopathy (670 grams)
 Peripheral edema and pulmonary congestion and edema
- Projectile recovered from 9th thoracic vertebra Abrasions and contusion of head

Case 16

> COD: Complications of Remote Gunshot Wound of Chest > MOD: Homicide

- > 58 yo female hospitalized for pneumonia and subsequently died
 - > Beaten and raped approximately 2 years prior to her death
 - > Death not reported by hospital
 - > Reported by funeral home after embalming

> Autopsy revealed:

- > Chronic (organized) subdural hematoma
- > Diffuse gliosis and neuronal loss
- Acute bilateral bronchopneumonia
- > Hypertensive cardiovascular disease (410 gram heart, nephrosclerosis) > Review of Medical Records (April 2011):

 - Subdural hemorrhage, subarachnoid hemorrhage, left interventricular hemorrhage, contusions of the left frontal and right temporal lobes, diffuse axonal injury
 - > Multiple rib fractures; Fracture of 2nd lumbar vertebra
 - > Lacerations of liver and spleen; retroperitoneal hematoma

Case 17

> COD: Complications of Blunt Force Injuries of the Head > MOD: Homicide

- ≻ 58 yo Male
- > Found on the floor of his bathroom
- > Was assaulted 6 months earlier and recently complained of dizziness
 - > Was hospitalized for 3 days

 - > Fractures of L1-4 transverse processes and retroperitoneal hemorrhage

> Autopsy

- > No significant acute injuries
- > Subarachnoid hemorrhage over base of brain

Case 18

> Autopsy

- > No significant acute injuries
- Subarachnoid hemorrhage over base of brain
- > Atherosclerotic and hypertensive cardiovascular disease
 - > Atherosclerosis of cerebral arteries
 - > Ruptured cerebral aneurysm of basilar artery

- > COD: Ruptured Cerebral Aneurysm
- > OSC: AHCVD
- > MOD: Natural

Lessons to Learn

- > When an immediate cause of death can be linked to or is a consequence of a previous injury the manner of death should reflect the manner of the previous injury
- > Just because a person suffered a previous injury it does not mean that their death is related to that injury

Case 19

- ≻ 57 yo Male
- > On his porch when a stranger approached him and asked for a cigarette
- > When he refused the man shot him in the lower extremity
- > He was alert with minimal bleeding when EMS arrived and transported him to a hospital
- > Coded after being administered contrast for a CTA of his lower extremity

Case 19

- > Penetrating gunshot wound of right thigh, no vascular or boney injury Severe atherosclerosis
- Occlusion of RCA
 75% stenosis of LAD and LCx
 Remote MI

- > Hypertensive cardiovascular disease

 - Cardiomegaly (690 grams)
 Left ventricular hypertrophy (2.0 cm)

- > COD: Complications of Gunshot Wound of the Right Thigh
- > OSC: AHCVD
- > MOD: Homicide

Lessons to Learn

- > The inciting event leading to the decedent's death dictates the manner of death
- ≻ But for.....
 - Decedent died from an allergic reaction to contrast But had they not been shot they would not have been administered contrast
 - Decedent died from transfusion reaction But had they not been in a MVA they would not have need a massive transfusion
 - > Decedent died from a cardiac arrhythmia But had someone not shot at them they may not have had the arrhythmia

- ≻ 26 yo Female
- Driving car with mother in front seat with unrestrained infant on her lap and an unrestrained 3 year old in the back seat
- > Decedent's boyfriend is a security guard and his gun was in a holster in the car
- > Decedent took gun out of the holster and placed it under the front seat
- Gun slide back to the 3 year old who fired the gun through the drivers seat and hit the decedent

> Autopsy

- Entrance gunshot wound on back
 Exit gunshot wound on chest
- > Pathway through right lung, IVC, and heart

Case 20

- > COD: Gunshot Wound of the Back
- > MOD: Accident

Lessons to Learn

- > The purpose of firing a gun is to kill something
- > Majority of gunshot deaths will be homicide or suicide
- However, need to consider the circumstances and development level of the shooter
- ≻ "Do No Harm"

Resource

 "A Guide for Manner of Death Classification" by the National Association of Medical Examiners

GO COUGARS

