

# Suicide in Iowa, 2020

Report date: September 2022

## TYPES OF VIOLENT DEATHS AMONG IOWA RESIDENTS

- In 2020, the majority of violent deaths in Iowa were classified as suicide, 78.9%.
- The remaining deaths from violence in Iowa were attributed to homicide (13.0%), undetermined (6.6%), and legal intervention (1.0%).

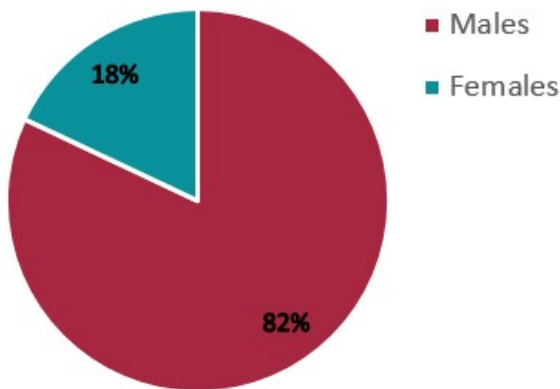
## SUICIDE IN IOWA

- **State Rate.** Iowa's suicide rate in 2020 was 17.0 per 100,000 residents.
- **U.S. Comparison.** The suicide rate in Iowa was higher than the national average of 14.0 per 100,000 residents.
- **Sex.** Males accounted for 82% of deaths from suicide and females accounted for 18% of deaths.

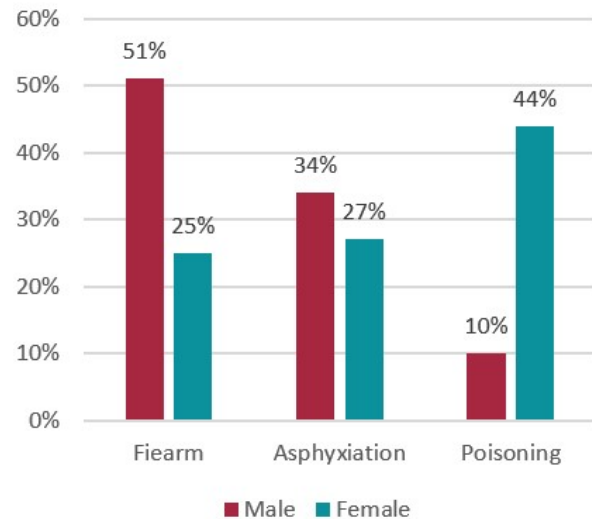
The Iowa Violent Death Reporting System (IAVDRS) is a Centers for Disease Control and Prevention (CDC) funded statewide surveillance system that collects information on deaths in Iowa resulting from homicide, suicide, unintentional firearm deaths, legal intervention, and deaths from undetermined intent. Iowa began collecting data in 2015, with statewide coverage achieved in 2016.

In 2020, there were 681 total violent deaths involving Iowa residents. Five hundred thirty seven (78.9%) deaths were classified as suicide. This report is a summary of suicide deaths of Iowa residents occurring in 2020.

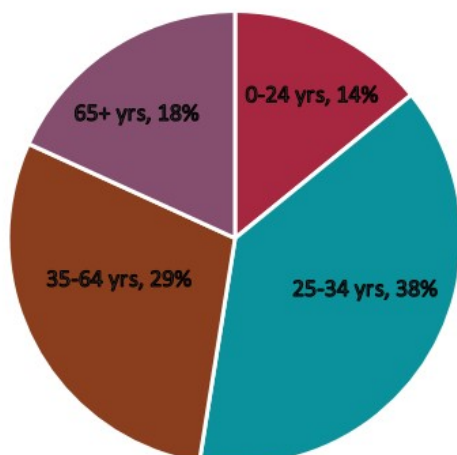
## Suicide Deaths by Sex, Iowa, 2020



## Suicide Cause of Death, Iowa, 2020



## Suicide Deaths by Age, Iowa, 2020



More information on suicide prevention efforts and resources can be found at **Your Life Iowa** (<http://www.yourlifeiowa.org>), 1-855-581-8111 (telephone) and 1-855-895-8398 (TEXT). Call or text 988 to reach the 988 Suicide and Crisis Lifeline.

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### References

**National Suicide Rates** – Centers for Disease Control & Prevention, National Center for Injury Prevention and Control. <https://www.cdc.gov/injury/wisqars/index.html> Data updated December 2021.