

## 2018 IACME Fall Meeting

### NAVIGATING IOWA'S ENHANCED PRESCRIPTION MONITORING PROGRAM (PMP)

## Meet the Speaker



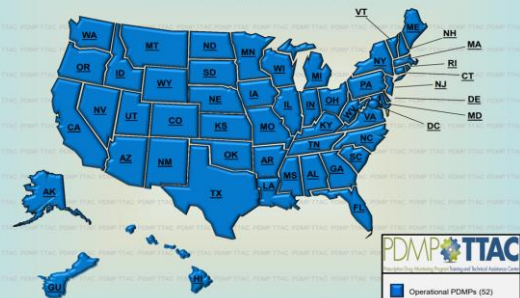
Jennifer Tiffany, R.Ph.  
Associate Director – Iowa Board of Pharmacy Prescription Monitoring Program

## What is a Prescription Drug Monitoring Program?

A PDMP/PMP IS A *STATEWIDE* ELECTRONIC DATABASE WHICH COLLECTS DESIGNATED DATA ON SPECIFIED SUBSTANCES DISPENSED TO OR FOR PATIENTS. THE PDMP IS HOUSED BY A STATE REGULATORY, ADMINISTRATIVE OR LAW ENFORCEMENT AGENCY. THE HOUSING AGENCY DISSEMINATES INFORMATION FROM THE DATABASE TO INDIVIDUALS WHO ARE AUTHORIZED UNDER STATE LAW TO RECEIVE THE INFORMATION FOR PURPOSES IDENTIFIED BY STATE LAW.

## Status of Prescription Drug Monitoring Programs (PDMPs)

\* Click on state abbreviation to view PDMP contacts \*



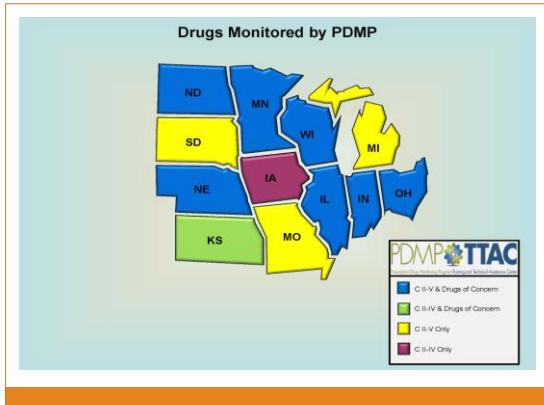
Research is current as of August 24, 2017 \*Missouri does not have a state-wide PDMP

## State PDMP Overview

- Created through legislation in 2008
- Iowa's Prescription Monitoring Program (PMP) became operational on March 25, 2009, and is housed within the Iowa Board of Pharmacy.
- Guidance is provided to the Board of Pharmacy by a PMP Advisory Council comprised of 4 physicians, 3 pharmacists, and 1 non-physician prescriber.
- The advisory council meets as needed to review the progress of the Iowa PMP, the cost of maintaining the Iowa PMP and the benefits of the program, possible enhancements to the program, and information, comments, and suggestions received from program users and the public.

## State PDMP Overview

- In-state pharmacies are required to report all Schedule II, III, and IV controlled substance prescriptions dispensed to patients regardless of the location of the patient.
- Nonresident pharmacies are required to report all Schedule II, III, and IV controlled substance prescriptions dispensed to patients physically located in Iowa.



### Data Exchange Time Period

All Iowa licensed pharmacies, whether the pharmacy is located within or outside the state of Iowa, are required to report to the Iowa PMP. Reports are to be submitted no later than the next regular business day following dispensing of the prescription.

If no applicable substances are dispensed for the preceding reporting period the pharmacy must file a "zero report" for that reporting period or be considered non-compliant.



### Approved Users

- Registered Practitioners = Prescribers and Dispensers
- "Prescriber" means a licensed health care professional with the authority to prescribe prescription drugs including controlled substances (eligible MDs, DOs, ARNPs, PAs, optometrists, psychologists, dentists, podiatrists, veterinarians)
- "Dispenser" means pharmacist
- Registered practitioners may designate up to six (6) health care professionals, such as RN, LPN, CMA, or certified pharmacy technician, to register for PMP access as an agent of the practitioner.
- IAC 657-37.4(9) *Medical examiner or medical examiner investigator.* A medical examiner or medical examiner investigator may obtain PMP information when the information requested by the examiner or investigator relates to an investigation being conducted by the examiner or investigator.

### Approved Users

A prescriber or pharmacist is authorized to request a Patient Rx History Report on an individual only if:

1. The request is for the purpose of providing medical treatment or pharmaceutical services and
2. The prescriber or pharmacist has a current practitioner-patient relationship, or is initiating a practitioner-patient relationship, with the individual named in the request.

*As with all persons granted PMP access agent users shall not share PMP login ID & password with any other person or entity*

### Upgraded PMP Platform

**AWARxE - Launched April 4, 2018**

- ✦ Online application process for all user groups
- ✦ Online password resets
- ✦ Upgraded user interface
- ✦ Unlimited integration capacity

**User Registration Process Tutorial - 1 of 8**

**Register for access to PMP Awarxé**

In this tutorial you will learn:

- How to create an account
- About Role Selection & the Registry Form
- About Auto Approval vs. Admin Approval
- How Delegate Supervisor Approval works

Select **Create an Account** to begin

**User Registration Process Tutorial - 2 of 8**

**How to create an account**

1. Select **Create an Account** from the main login screen.
2. You will be prompted to enter an email address and create a password.
  - The email address you enter will be used as your login ID and as the primary email address for your account.
  - Password requires a minimum of 8 characters and must include one uppercase, one lowercase, and one symbol.

Click **Save & Continue** to create your account credentials and move on

**User Registration Process Tutorial - 3 of 8**

**About Role Selection & the Registry Form**

Select your role from a predefined, categorized list. There are three primary categories:

- Healthcare Professionals
- Law Enforcement
- Other

1. Click the Category Name to expand it and see the roles.
2. Select only one, then click **Save and Continue**.

**Email Verification**

When you arrive at the Registry Form, you will see a green banner message that says, "A link to verify your email address has been sent." Go to your email account. Open the Welcome email from your PMP and click the link that says, "Verify your email." It should open the login screen and show a message that says, "Your email has been verified." That completes email verification. You can go back to your Registry Form and finish registering.

**Registration Process**

Create an Account

All fields with an asterisk (\*) are required

**Personal**

SEA Number(s)  **\*Required: This is State ID\***

SEA Number (State)  **\*Required\***

Professional License Number

SSRN (State)  **\*Required\***

License Type  **\*Required\***

**\*Required: This is State ID\***

**\*Required\***

**Employ**

APRIS

Name

Address

Address Line 2

City

State

Zip Code

Phone

Year

APRIS ID#

**User Registration Process Tutorial - 7 of 8**

**How Manual Admin Approval Works**

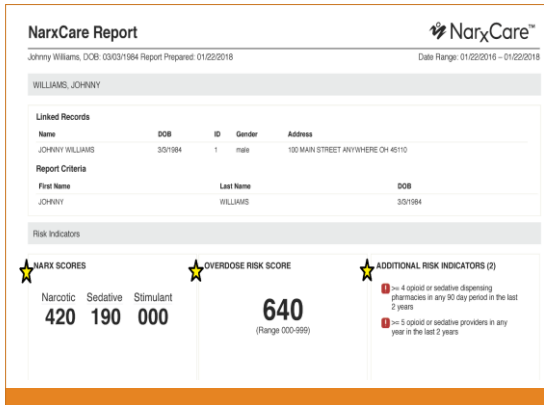
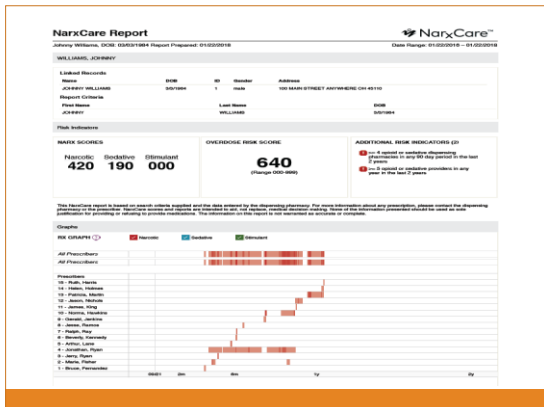
If your registration requires admin approval, you will be directed to a Welcome screen that displays a **Pending Approval** account status.

If your role requires validation documentation, you will see the requirement listed under **Validation Documents Required**. Your account status will be shown as **Not Complete** until you submit the required documents.

You will receive a confirmation email when the admin approves your account.

Log in using the email address and password you created during registration.





## The NarxCares

- Every NarxCare report includes type-specific use scores for narcotics, sedatives, and stimulants.
- Scores are based on a complex algorithm factoring in:
  - Number of prescribers,
  - Morphine milligram equivalents (MME),
  - Number of pharmacies
  - Overlapping prescriptions.

## The NarxCares

- Scores are quantified representations of the data in PDMP and range from 000-999 with higher scores equating to higher risk and misuse, and the last digit always represents the number of active prescriptions.

Score/Range	Notes	Guidance*
000	This may be the first prescription of this type for the patient.	Discuss risks/benefits of using a controlled substance. Consider informed consent.
010-200	Approximately 75% of scores fall in this range. Occasionally, patients in this score range have a remote history of high usage (> 1 year ago).	Review use patterns for unsafe conditions. Discuss any concerns with patient. See guidance below. If previously high usage exists with recent abstinence, consider risk/benefits of new prescriptions.
201-650	Approximately 24% of scores fall in this range.	Review use patterns for unsafe conditions. Discuss any concerns with patient. See guidance below.
> 650	Approximately 1% of scores fall in this range. Some patient records may have a score in this range and still be within prescriber expectations. Many patient records include some level of multiple provider episodes, overlapping prescriptions, or elevated milligram equivalency.	Review use patterns for unsafe conditions. If multiple providers involved in unsafe prescribing discuss concern with patient and consider contacting other providers directly. If multiple pharmacies involved in unsafe prescribing discuss concern with patient and consider pharmacy lock-in program. If overlapping medications of same or different type, discuss concern with patient and consider taper to lower dose and/or discontinuation of potential medications. If patient has evidence of a substance use disorder, consider inpatient admit or referral for outpatient evaluation and treatment.

## Overdose Risk Score (ORS)

- Based on an Ohio study that evaluated almost 1700 unintentional overdose deaths
- ORS ranges from 000-999
- Risk of unintentional overdose death approximately doubles for every 100 point increase in ORS

### Rx Data

#### PRESCRIPTIONS

Total Prescriptions: 34.00  
 Active MME: 0.00  
 Active MME/day: 0.00  
 30 Day Avg. MME/day: 0.00

Fill Date	ID	Written	Drug	Qty	Days	Prescriber	Rx #	Pharmacy	Refill	MgEq	MgEqDay	Pymt Type	PMP
09/29/2017	1	09/23/2017	OXYCODONE-ACETAMINOPHEN 5-325	20	3	FE BRU	74756	WAL(55555)	0	150.00	50.00	Comm Ins	IM
09/13/2017	1	09/07/2017	OXYCODONE-ACETAMINOPHEN 5-325	20	2	FI MAR	002117	CVS(11111)	0	150.00	75.00	Comm Ins	IM
09/08/2017	1	09/02/2017	OXYCODONE-ACETAMINOPHEN 5-325	20	7	FI MAR	77891	WAL(55555)	0	150.00	21.43	Medicare	IM
08/31/2017	1	08/25/2017	MORPHINE 4 MG/ML SYRINGE	1	2	RY JER	688016	WAL(11111)	0	12.00	6.00	Medicare	IM
08/31/2017	1	08/25/2017	MORPHINE 2 MG/ML SYRINGE	1	2	RY JER	688213	WAL(11111)	0	6.00	3.00	Medicare	IM
08/24/2017	1	08/18/2017	HYDROCODON-ACETAMINOPHEN 10-325	60	30	RY JON	019123	CVS(11111)	0	600.00	20.00	Comm Ins	IM
08/02/2017	1	07/27/2017	HYDROCODON-ACETAMINOPHEN 5-325	1	2	LA ART	688007	WAL(11111)	0	5.00	2.50	Medicare	IM
08/01/2017	1	07/26/2017	HYDROCODON-ACETAMINOPHEN 5-325	1	2	LA ART	688982	WAL(11111)	0	5.00	2.50	Medicare	IM
07/23/2017	1	07/17/2017	HYDROCODON-ACETAMINOPHEN 10-325	60	30	RY JON	001884	CVS(11111)	0	600.00	20.00	Comm Ins	IM
07/21/2017	1	07/15/2017	HYDROCODON-ACETAMINOPHEN 5-325	10	3	KE BEV	21305	WAL(7120)	0	50.00	16.67	Comm Ins	IM
07/20/2017	1	07/14/2017	HYDROCODON-ACETAMINOPHEN 5-325	8	1	RA RAL	001783	CVS(11111)	0	40.00	40.00	Comm Ins	IM
07/20/2017	1	07/14/2017	DEMEROL 75 MG/ML SYRINGE	1	2	RA RAL	685222	WAL(11111)	0	22.50	11.25	Medicare	IM
07/05/2017	1	06/29/2017	DEMEROL 50 MG/ML CARPUJECT	1	2	RA JES	684645	WAL(11111)	0	15.00	7.50	Medicare	IM

ID	Written	Drug	Qty	Days	Prescriber	Rx #	Pharmacy	Refill	MgEq	MgEqDay	Pymt Type	PMP
02640217	01/29/2017	HYDROCODONE-ACETAMINOPHEN 5-325	14	7	MA PAT	655347	CVS(11111)	0	70.00	10.00	Comm Ins	IM
02640217	01/29/2017	HYDROCODON-ACETAMINOPHEN 5-325	2	2	MA PAT	651777	WAL(11111)	0	10.00	5.00	Private Pay	IM
01/26/2017	01/26/2017	MORPHINE 2 MG/ML SYRINGE	1	30	MA PAT	651701	WAL(11111)	0	6.00	0.20	Private Pay	IM
01/26/2017	12/29/2016	HYDROCODONE-ACETAMINOPHEN 5-325	18	9	MA PAT	651228	CVS(55555)	0	90.00	10.00	Private Pay	IM
01/26/2017	12/29/2016	HYDROCODONE-ACETAMINOPHEN 5-325	28	5	HO HEL	801344	CVS(55555)	0	140.00	28.00	Private Pay	IM
01/26/2017	12/29/2016	HYDROCODON-ACETAMINOPHEN 5-325	1	2	MA PAT	651758	WAL(11111)	0	5.00	2.50	Private Pay	IM

#### PROVIDERS

Total Providers: 15

Name	Address	City	State	Zipcode	DEA
ARTHUR, LANE	2281 COZY PORT	HOLIDAY CITY	OH	45020	AR0511111
BEVERLY, KENNEDY	3099 UMBER PATHWAY	DAMARIUS	OH	44809	BA0311111
BRUCE, FERNANDEZ	4287 PILGRIMAGE CROSSING	FAIR POINTS	OH	44582	BR0911111
GERALD, JEROME	9081 LOST FIELD	MAPLE	OH	43861	GL0911111
HELEN, HOLMES	8869 BURNING FOX IMPASSE	BAKER COURT	OH	45202	HA0305055
JAMES, KING	2885 PASTIC ROAD	VAHDEE CROSSING	OH	45480	JK0311111
JASON, NICHOLS	9059 PIONEER LOCKOUT	EAST GARDENS	OH	43321	JK0511111
JERRY, RYAN	153 SLEEPY EDGE	CAKTHORPE	OH	44740	JZ0311111
JESSE, MARCO	948 BRIGHT FORD CRESCENT	BELMORE	OH	43075	JR0311111
JONATHAN, RYAN	9850 SILENT ELK RAMP	LAKE COTTAGE	OH	44882	JY0311111
MARIE, FISHER	7175 COZY RABBIT VISTA	ANDERSON FERRY	OH	43022	MF0311111
NORMA, HARRING	4783 EMERALD ROBIN PARKWAY	APPLE GROVE	OH	43073	NA0311111
PATRICIA, MARTIN	7903 SHADY HOCKEY STEAD	FOUR GARDENS	OH	44170	PA0311111
RALPH, RAY	1467 TOMLINE	WEST AARON	OH	43759	RR0311111
RUTH, HARRIS	2069 STONY HICKORY COVE	KINGSLEY'S CORNERS	OH	45960	RH0305055

#### PHARMACIES

Total Pharmacies: 5

Name	Address	City	State	Zipcode	DEA
CVS	5483 GENTLE IMPASSE	HOMER PARK	OH	43042	CV0311111
CVS	7120 WIND FORD WALK	DANFORD, PAUL LINDSAY	OH	43047	CV0505055
WALL DRUG	8129 EARLY DELL	ANTIQUITY	OH	43030	WC0505055
WALL DRUG	3789 FOSDY DALE	HERNER CORNERS	OH	45658	WL0505055
WALL DRUG	46463 IRON CARRIAGE COUR	FOUNERS	OH	43025	WC0311111
WALL DRUG	9859 COTTON DALE CLOSE	CEASAR SPRINGS	OH	43043	WC0311111

## Exceptions/Exclusions for Reporting

- A pharmacy that does not dispense Schedule II, III, or IV controlled substances to patients in Iowa, or that believes the pharmacy should be exempt from reporting to the Iowa PMP as provided by law (i.e. a pharmacy dispensing only for inpatient hospital care, inpatient hospice care, or long-term residential facility patient care), is exempt from reporting to the Iowa PMP.
- Methadone dispensed or administered at federally run Opioid Treatment Programs



## Opioid Bill – HF 2377

- Prescriber must apply for PMP account at time of Controlled Substance Registration application or renewal
- Prescriber reporting to the PMP of controlled substances dispensed directly by prescriber to the patient
- Ability for the Board of Pharmacy to disseminate “Proactive Notifications” to prescribers and dispensers when patients meet specified criteria or threshold

## Opioid Bill – HF 2377

- Naloxone dispensed by pharmacies under statewide protocol
- Naloxone/opioid antagonist administrations by all First Responders
  - EMS
  - Fire
  - Law Enforcement

## What to Expect in the Next Year

- Board of Pharmacy will introduce a bill for the legislature to consider during the 2019 session.  
Bill, if passed, would require the following:
  - ✓ Schedule V controlled substances dispensed by prescription must be reported
  - ✓ “Drugs of Concern” – as determined by Advisory Council – to be reported

Jennifer Tiffany  
Iowa Board of Pharmacy  
515-242-5139  
jennifer.tiffany@iowa.gov